

2025 Lockport Community Pool Swim Lesson Sign Up

Swim lessons at the Lockport Community Pool will be offered for children ages 5 to 12 years in the following sessions:

*Session 1: June 30, 2025 to July 18, 2025 Monday thru Friday (3 weeks)

Fee: \$56.00

*Session 2: July 21, 2025 to Aug 1, 2025 Monday thru Friday (2 weeks)

Fee: \$40.00

*Session 3: June 30, 2025 to Aug 1, 2025 Monday thru Friday (5 weeks)

Fee: \$90.00

*Adult Learn to Swim: July 1, 2025 to July 31, 2025 Tuesdays and Thursdays

Fee: \$40.00

*Competitive Swim: July 11, 2025 to August 1, 2025 Fridays

Fee: \$20.00

Lessons will be 30 minute classes. First day of class will be an hour so that instructors can evaluate what appropriate level according to criteria outlined in the American Red Cross. We may move swimmers to a different level that is most suitable for their swimming abilities. You will know what time to come for the second class at the end of the first class. Class time will be composed of a water safety lesson, organized instruction and approximately 5 minutes of free time. **Pre-registration is required, there will be a \$10 surcharge for registration collected after the first day of class, but no later than Friday July 4, 2025.** There is a limited availability for each lesson and applications will be accepted on a first come first serve basis. If a child misses a swim lesson, make-up lessons will be given at the discretion of pool supervisors. **Please fill out a registration form for swimmers you are registering.**

**Return to: The Department of Civil Service
Room M-11
One Locks Plaza
Lockport, NY 14094**

Level Information

Level 1- Introduction to Water Skills -Skills include submerging of mouth, nose, and eyes. Also, swimming on front and back using arm and leg actions with support.

Level 2- Fundamental Aquatic Skills- Skills include entering water by stepping or jumping from the side to swimming on front, back, and side using combined arm and leg actions.

Level 3- Stroke Development-Skills include submerging and retrieving an object in chest deep water to perform front and back crawl.

Level 4- Stroke Improvement-Skills include feet first surface dive as well as perform all strokes (front crawl, backstroke, breaststroke etc).

Level 5- Stroke Refinement-Skills include further coordination and refinement of strokes as well as skills for surviving swimming.

Level 6-Swimming and Skills Proficiency-Skills include swimming for fitness and Personal Water Safety. Students gain the ability to swim smoothly over greater distances. After completing this level it will allow the student to participate in more advanced courses, including Water Safety Instructor, Lifeguarding, and Youth Swim teams.

Competitive Swim-for athletes looking to improve their stroke and technique.

Adult Learn to Swim-for those 18 and up who are afraid of the water and for those who want to learn swimming skills and want to conquer their fear of the water.

Registration Form

Swimmer's Name, Age, Birth Date and Level

1. _____
2. _____
3. _____
4. _____
5. _____

Home Address: _____

City: _____ State: _____ Zip: _____

Name(s): _____

Phone Number: _____

Email: _____

Class Days and Times

Session 1: June 30-July 18 Monday thru Friday (3 weeks)

Time: 2pm-3pm _____

5pm-6pm _____

Session 2: July 21-Aug 1 Monday thru Friday (2 weeks)

Time: 2pm-3pm _____

5pm-6pm _____

Session 3: June 30-Aug 1 Monday thru Friday (5 weeks)

Time: 2pm-3pm _____

5pm-6pm _____

Adult Learn to Swim: July 1-July 31 Tuesday and Thursday

Time: 7pm-8pm_____

Competitive Swim: July 11-Aug 1 Fridays

Time: 6pm-7pm_____

For office use only (check what applies for each of the following):

Fee Paid _____ Check _____ Cash _____ Late Fee _____

Date Received _____ Initials _____